

# SEPTEMBER

## Elementary Menu

# ANNOUNCEMENTS

### Monthly Promotion

September 5<sup>th</sup>-National Cheese Pizza Day, Lucky Tray

September 13<sup>th</sup>-National Kids Take Over

The Kitchen Day-Kinder Kitchen Tours

September 18<sup>th</sup>-National Play Doh Day, Lucky Tray

September 27<sup>th</sup>-National Chocolate Milk Day, Hiland Promo Give Away

### Did you know?

All grains served in the café are whole grains! Whole grains are packed with fiber to keep you full & focused in the classroom!



**SFE** This institution is an equal opportunity provider.

### Questions or Comments?

Timmy Combs, Director of Dining Services

Phone: 469-219-2099

Add District Logo

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast



\*Vegetarian Option (or vegetarian upon request)

**1 Breakfast**  
Cinnamon Roll  
**Lunch**  
Country Fried Steak  
\*Cheese or Pepperoni Pizza  
Meatball Sub  
\*Sun Butter & Jelly  
Mashed Potatoes

**4 No School**

**5 Breakfast**  
Strawberry Banana Smoothie  
**Lunch**  
\*Zesty Chicken or Cheese Pizza  
Philly Chicken Cheesesteak  
Buffalo Ranch Chicken Salad  
\*Sun Butter & Jelly  
Peppered Corn

**6 Breakfast**  
Egg, Sausage, Cheese Burrito  
**Lunch**  
Cheesy Beef Penne  
Popcorn Chicken  
Italian Panini Melt  
\*Sun Butter, Apples, Celery  
Power Pack  
Steamed Carrots

**7 Breakfast**  
Mini Blueberry Pancakes  
**Lunch**  
Beef Quesadilla  
\*Bean & Cheese Tostada  
Adobe Chicken Wrap  
\*Sun Butter & Jelly  
Seasoned Black Beans

**8 Breakfast**  
Sausage Pancake on a Stick  
**Lunch**  
\*Sausage or Cheese Pizza  
\*Red Beans & Rice w/ Chicken  
Cheesy Turkey Melt  
\*Sun Butter & Jelly  
Green Beans

**11 Breakfast**  
Mini Cinnamon Cream  
Cheese Bagels  
**Lunch**  
\*Beef Tacos w/ Spanish Rice  
Hamburger  
Turkey & Cheese Wrap  
\*Sun Butter & Jelly  
Pinto Beans

**12 Breakfast**  
Pineapple Mango Smoothie  
**Lunch**  
Chicken Tenders  
\*Two Cheese or Buffalo  
Chicken Pizza  
\*Strawberry Yogurt Parfait w/  
String Cheese  
Sun Butter & Jelly

**13 Breakfast**  
French Toast  
**Lunch**  
\*Macaroni & Cheese  
Breaded Chicken Sandwich  
Chicken Parmesan Sub  
Italian Cheese & Crackers Power  
Pack  
Potato Wedges

**14 Breakfast**  
Egg, Sausage, Cheese Corn  
Tortilla Taco  
**Lunch**  
\*Chili Cheese Baked Potato  
\*Cheese or Beef Taco Pizza  
Italian Croissant  
\*Sun Butter & Jelly  
Steamed Carrots

**15 Breakfast**  
Cinnamon Roll  
**Lunch**  
Hot Dog  
Popcorn Chicken  
Hot Brown Chicken Bacon  
Stacker  
\*Sun Butter & Jelly  
Green Beans

**18 Breakfast**  
Scrambled Eggs w/ Waffles  
**Lunch**  
Cheesy Beef Lasagna  
Mini Corn Dogs  
Ham & Cheese Pita Pocket  
\*Sun Butter & Jelly  
Green Beans

**19 Breakfast**  
Very Berry Smoothie  
**Lunch**  
BBQ Beef Sliders  
\*BBQ Chicken or Cheese Pizza  
Grilled Ham & Cheese  
\*Sun Butter & Jelly  
Steamed Carrots

**20 Breakfast**  
Pancakes w/ Bacon  
**Brunch For Lunch**  
\*Pancakes, Sausage, Eggs  
Ham, Egg & Cheese Sandwich  
Potato Bacon Cheese Burrito  
\*Fruit & Yogurt Power Pack  
Tater Tots

**21 Breakfast**  
Breakfast Flatbread Pizza  
**Lunch**  
Taco Dog  
\*Cheesy Nachos w/ Spanish Rice  
\*Grilled Cheese Quesadilla  
\*Sun Butter & Jelly  
Refried Beans

**22 No School**

**25 Breakfast**  
French Toast Sticks & Sausage  
**Lunch**  
Southwest Chicken Salad  
Beef Quesadilla  
Ham & Pepperjack Sub  
\*Sun Butter & Jelly  
Mexican Pinto Beans

**26 Breakfast**  
Peach Smoothie  
**Lunch**  
\*Two Cheese or Jalapeno  
Pepperoni Pizza  
Chicken Po Boy Stacker  
Italian Wrap  
\*Sun Butter & Jelly  
Steamed Broccoli

**27 Breakfast**  
Maple Mini Waffles  
**Lunch**  
Tater Tot Casserole  
Popcorn Chicken  
Bacon Cheeseburger  
\*Ants on a Log Power Pack  
Potato Wedges

**28 Breakfast**  
Sausage Biscuit Sandwich  
**Lunch**  
\*Cheese or Beef Taco Pizza  
\*Cheesy Nachos  
\*Grilled Chile Cheese  
Sandwich  
\*Sun Butter & Jelly  
Refried Beans

**29 Breakfast**  
Cinnamon Roll  
**Lunch**  
\*Spaghetti w/ Meaty Italian  
Sauce  
\*Max Snax Pizza Stix  
Chicken Cordon Bleu Panini  
\*Sun Butter & Jelly  
Green Beans

Breakfast Meal Price: Paid \$1.30 / Reduced \$0.30

Lunch Meal Price: Paid \$2.60 / Reduced \$0.40

Adult Meal Price: \$3.75